INTERNATIONAL CAPITOL
ISTANBUL Optimist Sailing WEEK 2009 (IIOW)

25 - 30 June 2009

NOTICE OF RACE

1.VENUE

The International Optimist Week will be held between 25th-30th of June, 2009 in **Istanbul,TURKEY.**

2.ORGANIZING AUTHORITY

The IIOW is organized by Istanbul Sailing Club.

3.LANGUAGE

English is the official language for the International Istanbul Optimist Week (IIOW).

4.RULES

4.1 The IIOW will be sailed under the following rules:

* The 2009-2012 Racing Rules of Sailing (RRS),
* The current Class Rules of the IODA
* The Notice of Race (NOR),
* The Sailing Instructions including "Special Procedures for Rule 42"Appendix P.

4.2 Category C will apply

4.3 The organisers may require competitors to display event sponsor advertising material. Stickers will be provided at the registration desk. These should be attached to the boat in accordance with the instructions provided by the organiser.

4.4 The regatta is open to all Optimist Sailors (Girls & Boys), who comply with the ISAF Eligibility Code.

4.5 Sailing Instructions will be available at the registration.

4.6 All Sailors shall be born in 1994 or later.

4.7 Boats are not exempted from displaying a red flag according to the second sentence of RRS 61.1 (a) (amends RRS 61.1 (a),third sentence). Boats that are required to display a flag may do so until she is no longer racing, and shall inform the RC immediately after completing the race (Amend RRS 61.1 (a) fourth sentence).

5.INTERNATIONAL JURY

An International Jury will be constitued in accordance with RRS Decisions of the International Jury are final and not subject to appeal as Provided in RRS 70.4.

6.FORMAT OF THE IIOW

Boys and girls will sail in single fleet. No more than three races will be organized on the sema day.

7.PROGRAMME

24 June	**Early arrivals/Accomodation**	
25 June	**Official arrival day/Accomodation**	
	Registration-Sail stamping	**09:00 – 18:00**
	Opening Ceremony	**19:00**
26 June	**Skippers/Coaches Briefing**	**10:00**

	Races (First Warning signal)	**12:00**
27 June	**Races**	
28 June	**Races**	
29 June	**Races**	
30 June	**Races (No Warning after 15:00 hours)**	
	Prizegiving Dinner	**20:00**
01 July	**Official departure day**	

8.SCORING

8.1 There will be separate overall ranking for Boys & Girls categories. Rankings will be organised in accordance with the overall ranking of the regatta.

8.2 Regatta score will be determined as follows:

*Total of ten races are planned to take place.

*When five races or less are completed, a boat's score will be the overall score that is earned until that point.

*When five to eight races are completed, a boat's score will be the overall score that is earned until that point minus her worst score.

*When nine races or more are completed, a boat's score will be the overall score that is earned until that point minus her worst 2 scores.

8.3 The minimum number of races required to complete the International Optimist Week is four races.

9.SAFETY

9.1 In addition to IODA Class Rules 4.2 (A) and (B),4.3 (A) and (B), each boat shall have an on board secured paddle and each competitor shall carry a whistle attached to thier clothing with a lanyard. Competitors who do not comply with this instruction will be penalized with five points for each race they attended on a given day.

9.2 Adequate personal buoyancy shall be worn at all times while afloat. Wet suits and dry suits should not constitute adequate personal buoyancy. If the buoyancy device is an inflatable type, it shall be inflated at all times while afloat. This varied for RRS 40.

10.SUPPORT BOATS

10.1 Coaches,team leaders or representatives from participating teams shall be registered at the Race Office before 10:00 hours on the first racing day.

10.2 The Club will do its best to organise FREE Coach boat on a shared basis for teams that do not have their own support boat.

10.3 During the races,all support boats shall remain at least 100 meters outside of the racing area.Only at the discretion of the Race Officer,those boats may enter the racing area and intervene in emergency cases.

11.DISCLAIMER OF LIABILITY

11.1 Competitors participate in the regatta are entirely responsible for the pottential risks.See RRS 4

(Decision to race) The Istanbul Sailing Club and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to,during or after the regatta.

11.2 All Support staff as well as the competitors,will be required to execute this liability waiver.

12.INSURANCE

Organiser strongly advice competitors to have a third party liability insurance.

13.ENTRY – CHARTER & ACCOMODATION FEES

13.1 There will be NO ENTRY FEE for the IIOW.

13.2 FREE Charter boats are available with the restriction of two boats per nation. Participants may enter with their own boats.For charter boats,participants shall bring their own sails,foils with them and may use their spars if they wish to do so. Free boat chartering will apply on the basis of "first come,first serve". But the sailors must have their own Sails-battens , life jackets, blocks & lines, preferable Foils (Rudders-Centerboards)

13.3 FREE Accomodation and food are provided by the organiser for all sailors including one team leader or coach per nation. The excess support such as personal friends or family members have to make reservation through the Club for the nearby hotels.

13.4 TRANSFER from and to the airports of Istanbul is provided by the club at the cost of € 10 per person. Comprehensive flight schedule information is required in order to get this service from the club.

14. VENUE

Istanbul Sailing Club
Fenerbahce Burnu – Kadıkoy – Istanbul
TURKEY
Phones : +90 216 336 9372 or + 90 216 348 7990
Fax : +90 216 346 2737
E-Mail: optiweek@istanbulyelken.org.tr
*Web Page :*www.istanbulyelken.org.tr

15.ENTRIES & RESERVATIONS

15.1 In order to complete the planning process (accomodation and boats available for chartering)
the entries and hotel reservation requests shall be made no later than *May 15th 2009* at Istanbul Sailing Club by a written notification including the names, birth dates,gender and nationality of participating sailors as well as the accompanying support personel.

16.SOCIAL EVENTS

In order to enhance the friendship between the participants and to make their stay in Istanbul more pleasant, several social events will be organised by the club.

17.WIND INFORMATION

Average wind speed in June is estimated to be 4-7 m/s**.** (N-NE)